

# Impact of Alzheimer's disease reaches beyond the elderly

Longevity is one of the biggest risk factors for Alzheimer's disease. The expectation is that the prevalence of Alzheimer's will escalate rapidly as baby boomers age into their 70s, 80s and 90s. Learn about the impact of Alzheimer's Disease and understand the value of planning ahead.

## Alzheimer's is a degenerative brain disease<sup>1</sup>

**5.3 million Americans**  
age 65 and older  
have the disease



Projected to nearly triple to  
13.8 million by 2050



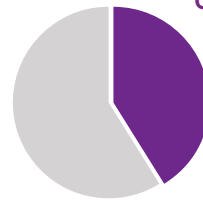
Every **66 seconds**,  
an individual age  
65 or older is  
**diagnosed** with  
Alzheimer's

It is  
**6th LEADING**  
→ CAUSE OF ←  
**DEATH**  
In the United States



It has **no cure**  
and there are  
**no survivors**

## Alzheimer's is the most common cause of dementia



**60%–80%**  
of dementia is caused  
by Alzheimer's<sup>2</sup>

## There are 10 signs of Alzheimer's disease.<sup>3</sup>

**Most commonly**, patients experience a decline in:

- Memory
- Language
- Problem solving
- Other cognitive skills

**8–10** The average years an Alzheimer's patient lives after being diagnosed<sup>4</sup>

Alzheimer's and other  
Dementias produced  
**\$236 billion**  
in societal costs<sup>5</sup>



**77%** of adults with  
dementia receive  
assistance with  
Activities of Daily  
Living (ADLs)<sup>6</sup>

### The six activities of daily living (ADLs)

1. Bathing
2. Continence
3. Dressing
4. Eating
5. Toileting
6. Transferring

Total healthcare spending in last  
5 years of life for patients with  
probable dementia was



**\$287,000<sup>7</sup>**

## The value of planning ahead

- Plan for your financing of this care before potential signs of dementia occur
- Learn what types of care you may prefer
- Avoid emotional and crisis decision making
- Exercise foresight regarding family care

**Learn more about brain health and early detection of Alzheimer's at ALZ.org**

<sup>1</sup>Alzheimer's Association, "2017 Alzheimer's Disease Facts and Figures," *Alzheimer's & Dementia*, 2017;13:325-373, [www.alz.org/documents\\_custom/2017-facts-and-figures.pdf](http://www.alz.org/documents_custom/2017-facts-and-figures.pdf), 2017.

<sup>2</sup>Alzheimer's Association, "What Is Alzheimer's?" *alz.org*, [http://www.alz.org/alzheimers\\_disease\\_what\\_is\\_alzheimers.asp](http://www.alz.org/alzheimers_disease_what_is_alzheimers.asp), 2017.

<sup>3</sup>Alzheimer's Association, "10 Early Signs and Symptoms of Alzheimer's Tweet," *alz.org*, <http://alz.org/10-signs-symptoms-alzheimers-dementia.asp>, 2017.

<sup>4</sup>Alzheimer's Foundation of America, "About Alzheimer's Disease," *AFA*, <http://www.alzfdn.org/AboutAlzheimers/lifeexpectancy.html>, updated January 28, 2016.

<sup>5</sup>Alzheimer's Association, "2016 Alzheimer's Disease Facts and Figures," *alz.org factsheet*, [https://www.alz.org/documents\\_custom/2016-Facts-and-Figures-Fact-Sheet.pdf](https://www.alz.org/documents_custom/2016-Facts-and-Figures-Fact-Sheet.pdf), March 2016.

<sup>6</sup>See note 1.

<sup>7</sup>See note 1.

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