

# CareMatters<sup>®</sup> II underwriting process

# Easy steps, from submission to commission



# **Preapplication:**

- » Identify prospect
- » Prequalify prospect using the Prequalification guide (pages 5-8) and long-term care (LTC) personal worksheet
- » Verify licensing appointment with Nationwide®

# Necessary forms (iGo or paper):

- » Complete Part I of the application
- » Provide an outline of coverage to the client
- » Complete LTC personal worksheet
- » Complete 1035 paperwork, if required
- » Prepare proposed insured for the tele-interview by providing the preinterview guide
- » Complete other state-specific forms

# Submission:

» Submit via iGo, or fax, email or mail application and other required paperwork

# Easy submission:

- » Producer provides all necessary paperwork at one time, up front
- » No follow-up, additional client meetings or back-andforth required

- » Confirm producer appointment and license
- » Conduct tele-interview with proposed insured
- » Underwrite and render decision; inform producer and proposed insured of outcome

# Minimal requirements:

- » No attending physician statements
- » No paramedical exams

- » Place policy in force
- » Assemble and mail policy contract
- » Deliver to producer or proposed insured and schedule commission payment

# **Speedy turnaround time:**

» From submission to underwriting, the decision can take as little as six days, leading to a timely policy issue Provide the following during the application submission process:

# **To Nationwide**

- Application part I
- Projection of values
- LTC personal worksheet
- NAIC states replacement of life insurance or annuities form, if applicable
- Temporary insurance agreement, if applicable
- 1035 Policy exchange agreement and documentation, if applicable
- Long-term care replacement form, if applicable
- Other state-specific forms

# To the proposed Insured

- Outline of coverage (included with sales proposal)
- LTC insurance personal worksheet
- Things you should know before you buy long-term care insurance
- A shopper's guide to long-term care (if required by state)
- Interview Guide: How to Prepare for Your Personal History Interview (must be completed before interview)
- State-specific forms

# Why prescreening is important

A prescreen is used to determine if a Nationwide YourLife CareMatters® II application should be submitted for consideration. Determination of coverage will be made after the application is received and underwriting is complete. Prescreens can be submitted for review through email and by phone.



Review pages 5-8 from the Pregualification Guide. Review the checklist below, then contact an underwriter to complete the prescreen at 1-855-381-5729 (available 8 a.m. to 4:30 p.m. ET), or email the prescreen to CMScreen@nationwide.com.

Note: If you're sending an email, please send the checklist information below in the body of the email; please do not send attachments. For questions about prescreen status or other member-service-related questions on CareMatters II applications, please call 1-866-678-LIFE (4533).

# PRESCREEN CHECKLIST

| Demographic<br>information                         | Age       Sex       Height & weight         Current smoker       Tobacco, nicotine, marijuana or vaping within the past 36 months  |  |  |  |
|--|--|--|--|--|
| Client-specific<br>diagnosis/medical<br>conditions | Include the name and date of diagnosis and current medications, and describe treatments, such as injections, physical therapy, etc., within the past 12 months.  |  |  |  |
| Hospitalizations<br>and surgery                    | Include details of all hospitalization within the past 12 months.<br>Include details for any surgery completed in the past 24 months.<br>(Typically, if surgery is pending, possible consideration cannot be given until the<br>pending surgery is complete with full recovery.)   |  |  |  |
| Additional<br>considerations                       | <ul> <li>Please provide additional details needed for thorough assessment of specific histories. Examples include:</li> <li>Cancer: Always obtain the stage</li> <li>Prostate cancer: Provide date and result of last PSA test</li> <li>Breast cancer: Provide the type of breast cancer, stage, and date and result of last mammogram</li> <li>Diabetes: Always obtain the most recent hemoglobin A1C result</li> <li>Assistive devices: Always report use, and include related details (e.g., pacemaker).</li> </ul> |  |  |  |
| Turnaround time for prescreens                     | You will receive a response one business day after your email is received.   |  |  |  |

| FREQUENTLY A                | ASKED QUESTIONS   |
|-----------------------------|---|
| <b>Question:</b><br>Answer: | What will happen if I submit a case with missing or incomplete information?<br>A Nationwide case manager will call you and solicit the missing information.<br>Note: The case will not proceed through the underwriting process, including the<br>tele-interview, until it is in good order.  |
| <b>Question:</b><br>Answer: | <ul> <li>What can cause delays in the underwriting process?</li> <li>The following are common reasons for delays in the underwriting process:</li> <li>Incomplete Application Part I</li> <li>Missing projection of values</li> <li>Missing or incomplete replacement forms</li> <li>Missing or incomplete state-specific forms</li> <li>Missing signatures</li> <li>Licensing or appointment issues</li> </ul> |
| <b>Question:</b><br>Answer: | <ul> <li>What are the options for the initial premium payment?</li> <li>The following options are available for paying the initial premium:</li> <li>Submit payment with the application</li> <li>Web remittance (Nationwide Agents only)</li> <li>Authorized electronic draft</li> <li>Partially or completely funded by a 1035 exchange</li> </ul>  |
| <b>Question:</b><br>Answer: | <b>How can I review the status of a case?</b><br>View your status at Nationwide's Sales & Service website (nationwide.com/financial/advisors.jsp),<br>or call the service line at 1-866-678-5433, Monday through Thursday between 8 a.m. and<br>8 p.m. ET, and Friday between 8 a.m. and 6 p.m. ET.   |
| <b>Question</b><br>Answer:  | <b>Can I talk to an underwriter if I have a case in question?</b><br>Yes, you can email underwriting questions to CMSCREEN@Nationwide.com, or call<br>1-855-381-5729. If you use the email, your response will have a tracking number that you can<br>reference when submitting the application.  |
| <b>Question:</b><br>Answer: | What should the proposed insured expect during the phone history Interview?<br>Please refer to and provide the proposed insured with the Interview Guide: How to Prepare for<br>Your Personal History Interview.  |
| Question:                   | What is the protocol for phone attempts to reach the proposed insured if he or she cannot be reached for scheduling the phone history interview?  |
| Answer:                     | Scheduling attempts are made according to the following protocol:<br>Once Nationwide's Underwriting Assessment Services receives the tele-interview request, they<br>will make up to five calls within three to five business days of receipt of the request.<br>• The initial call to the proposed insured is placed within one business day of interview receipt by   |
|                             | <ul><li>the Underwriting Assessment Services area</li><li>If the proposed insured is not at home, and if applicable, a message is left on the first, second</li></ul>   |
|                             | <ul> <li>and fifth call attempts, leaving the toll-free number to schedule an interview</li> <li>If the proposed insured does not return the initial call to schedule an interview, four additional calls will be made to the proposed insured within two to four business days after the first call;</li> </ul>  |
|                             | if the proposed insured cannot be reached, no message will be left until the fifth call, when the<br>toll-free number will be provided to schedule an interview   |
|                             | Tele-interviewers currently make outgoing phone calls between 8 a.m. and midnight ET Monday   |

through Friday, and between 8 a.m. and 3 p.m. ET on Saturdays. Calls are not currently completed on Sunday, before 8 a.m. or after 8:30 p.m.(local time in the applicant's time zone), unless requested specifically by the proposed insured or producer.

At least three of the five calls will be made during the proposed insured's best time to call as indicated on the application.

# FREQUENTLY ASKED QUESTIONS (Continued)

| <b>Question:</b><br>Answer: | <b>Can a specific time be scheduled for the interview on the application?</b><br>Since a good-order review needs to be completed at time of application submission, a specific  |
|-----------------------------|---|
|                             | time cannot be dictated on the application. However, you are encouraged to indicate a best<br>time to call on your application. At least three of the five calls will be made during the proposed<br>insured's best time to call as indicated on the application.   |
|                             | If a message is left during this call process, a URL will be provided where the the interview time can be scheduled online.   |
| <b>Question:</b><br>Answer: | <ul> <li>What will the underwriters review during the underwriting process?</li> <li>Underwriters will take the following into consideration in making a decision:</li> <li>Results for the Prescription Database (RX)</li> <li>Results of MIB</li> <li>Despenses from the application Dart I</li> </ul>  |
|                             | <ul> <li>Responses from the application Part I</li> <li>Responses from the phone history interview (application Part II)</li> <li>Results from the cognitive test conducted during the phone history interview, if applicable</li> <li>Any information on the proposed insured from previous underwriting at Nationwide</li> </ul>  |
| Question:                   | Can I have the interview done immediately after submitting an application? Can I schedule another specific time for the interview?  |
| Answer:                     | At this time, all paperwork must be received and reviewed by Nationwide's case managers to<br>make certain everything is in good order. Once everything is deemed to be in good order, the case<br>will move to Nationwide's Underwriting Assessment Services area and the scheduling process<br>will commence. However, during any contact made with the proposed insured on an outbound<br>attempt, they will have the option of either scheduling the interview or having it completed at that<br>point in time.   |
| Question:                   | Can the proposed insured receive assistance or have other people on the phone with them during the phone history interview?   |
| Answer:                     | The proposed insured must be the only one on the phone, without exception. Speaker phones are not allowed. To get a clear understanding of the proposed insured's responses, no third party should be guiding his or her answers in any way. Any signs of not meeting this requirement could result in an immediate decline.  |
| Question:                   | What impairments or conditions will result in definite adverse decisions?   |
| Answer:                     | We have created a prequalification guide for your reference. Specific impairments are listed<br>where an adverse decision would be expected. In addition, a list of prescription medications that<br>would indicate an uninsurable impairment or condition is provided. Using these tools will let you<br>prequalify the proposed insured to see if this is the right product for them.<br>Note: These guides do not need to be submitted with the application.   |
| <b>Question:</b><br>Answer: | My client already has a Nationwide policy. Can I do an internal exchange into this product?<br>Internal exchanges are allowed, but full underwriting will be required.  |
| <b>Question:</b><br>Answer: | What happens if my client has multiple applications pending with Nationwide?<br>Nationwide will wait for all underwriting requirements on any pending cases and make a final<br>decision on each product based on all information known at that time.   |
| Question:                   | I have gone through the prequalifying exercise with my client. They mentioned a condition and<br>an accompanying prescription treatment that I do not see on the guide; however, this typically<br>would be a rated case. Should I submit the application?  |
| Answer:                     | You are encouraged to secure detailed information for the condition from the Proposed Insured<br>and complete a Prescreen with the CareMatters Underwriter prior to submitting the application.<br>Remember a Prescreened case is not a guarantee for approval, but it will help assist in identifying<br>cases that are a decline or potentially acceptable for CareMatters. We can also assist in guiding<br>you as to what additional details the Proposed Insured should be prepared to provide during the<br>interview. Final underwriting decisions are based on a combination of factors including the phone<br>history interview, MIB results, pharmacy check results, etc. |
| <b>Question:</b><br>Answer: | <b>If a proposed insured is declined for coverage, when and how will he or she be notified?</b><br>A letter will be sent to the proposed insured notifying him or her of the decision. In addition, you will be contacted via phone call, correspondence or both.   |

# Prequalification Guide

# Reasons a proposed insured may be disgualified

In rare instances, there may be a history indicated for disqualification in this guide that you feel may qualify for a CareMatters® II policy. These histories should be prescreened before an application is submitted. Histories not found in this pregualification guide will be given individual consideration. If you feel a history may be borderline for life and long-term care, please complete a prescreen with a CareMatters underwriter prior to submission of an application. For prescreens, call 1-855-381-5729 and include the prescreen reference number provided during the call in the "Special Instructions Section" of the application. The prescreen may also be completed via email at CMScreen@nationwide.com. Include the prescreen email reply when submitting the CareMatters application.

# The proposed insured must be a U.S. citizen or permanent green card holder (issued for 10 years or more) and be able to provide a copy of green card and Social Security/tax identification number card.

#### Within the past five years, proposed insured has had, has been diagnosed as having or has been treated for: Alcohol abuse or dependency Cardiomyopathy HIV positive, AIDS, ARC, severe Paralysis, hemiplegia, paraplegia or combined immunodeficiency. quadriplegia (excluding Bell's palsy) Alzheimer's, dementia, senility, mild

- cognitive impairment (MCI), organic brain syndrome, memory loss or other cognitive impairment
- ALS (Lou Gehrig's disease)
- Bone marrow disorder. Hodgkin's
- disease, leukemia or lymphoma Cancer of the blood, bone, brain,
- esophagus, head/neck, liver, lung, kidney, ovary, pancreas, stomach: recurrent cancers (any type excluding basal cell carcinoma) or cancer that has spread to other organs or lymph nodes<sup>5</sup>
- Cerebral palsy
- .
  - Cirrhosis of the liver
  - Cystic fibrosis

**ADL** impairments

following activities:

Bathing

Eating

chair or bed

Toileting

Walking

.

• Dressing

٠

- Diabetes type 1
- Down syndrome
- Drug abuse or dependency; controlled substance, illegal or prescription drugs
- Emphysema or other lung disorder requiring regular or intermittent use of oxygen

Currently need, or have needed

or supervision of any of the

Bowel or bladder control

Taking medications, including

Moving in or out of a

setup of medications

in the past 24 months, assistance

- common variable immune deficiency Huntington's disease or has/had
- immediate family member with Huntington's disease Hydrocephalus with or
- without shunt placement Imbalance, unsteady gait
- or ataxia
- Mental retardation
- Multiple sclerosis, including relapsing-remitting disease
- Muscular dystrophy

Currently reside in have used

been recommended or planning

within the past 24 months.

· Adult day care services

Assisted living care facility

Home health care services

Retirement community with

long-term care (LTC)

Other custodial facility

Other caregiver support

services received

**Medical services** 

to utilize:

Hospice

Nursing home

٠

Impairments and conditions that would not be insurable:

### Durable medical items Currently use or have used in the past 24 months:

#### Catheter

- Lift chair or stair lift
- . Colostomy or urostomy bag
- Dialysis ٠
- Feeding tube ٠
- Hospital bed
  - Hover lift
- ٠ Implantable defibrillator
- Motorized scooter
- Multipoint cane
- Oxygen equipment
- ٠ PICC line (subclavian catheter)
- Respirator or ventilator
- Walker or wheelchair •

### Other factors that may not be insurable:

- Currently collecting any type of disability or worker's compensation payments
- Multiple unexplained falls in the past 12 months
- Diagnostic testing planned, scheduled or recommended that has not been completed
- Surgery planned, scheduled or recommended that has not been completed
- Surgery completed, yet not fully recovered for a minimum of three months, including released from physician care for a specific medical condition
- Use of a handicap permit due to physical limitations or medical conditions

#### OR any of the following in combination with tobacco usage (cigarettes, pipe or cigar) in the past 36 months:

- Cardiac disease, including angina, atrial fibrillation, congestive heart failure, coronary artery bypass or stent, mitral valve disease, tachycardia, aneurysm, heart attack (myocardial infarction), valvular heart disease excluding mitral valve prolapse (MVP), sick sinus syndrome or premature ventricular contractions (PVCs)
- Osteoporosis

Parkinson's disease

with psychosis

**Build chart** 

Height

(inches)

60

64

67

69

71

72

73

75

Post-polio syndrome

(excludes kidney stones)

Organ transplant (other than cornea)

Renal failure, chronic kidney disease

disease or any psychiatric disorders

Stroke/cerebrovascular accident (CVA)

This is a guide and is not all-inclusive -

or greater than 40 is not acceptable.

a body mass index (BMI) of less than 17

Those builds with BMI between 17 and 40 may also be unacceptable depending on

co-morbid conditions. Below is a sample

build chart based on heightand weight:

Decline

87

99

109

115

122

126

130

136

Body weight (pounds)

Marginal<sup>7</sup>

169

192

211

223

237

243

250

263

199

227

249

264

280

288

296

312

Decline

205

233

255

270

287

295

303

320

Schizophrenia, paranoia, bipolar

Steroid-dependent condition

Suicide attempt or ideation

Transient ischemic attack (TIA)

(six months or longer)

- Deep venous thrombosis (DVT) or pulmonary emboli (PE), history of
- Carotid artery disease, cerebral vascular accident (stroke) or TIA
- Peripheral vascular disease
- Diabetes
- Thrombotic disorder or clotting disorder
- Respiratory conditions, including asthma, chronic emphysema, chronic obstructive pulmonary disease, obstructive sleep apnea or pulmonary embolism
- <sup>5</sup> If the type of cancer is not listed above, consideration may be possible, provided the cancer is not recurrent. A prescreen should be completed with details of the cancer history, including location, stage, type and date of last treatment.
- <sup>6</sup> Cancer history greater than five years that is high risk and/or advanced stage could also result in a decline. A prescreen should be completed with details of the cancer history, including location, stage, type and date of last treatment.
- <sup>7</sup> Histories with marginal builds or overweight with co-morbid conditions should have a prescreen completed. Some co-morbid conditions include diabetes, weight-bearing joint and back disorders, sleep apnea, etc 5

## Considerations regarding current or pending medical treatment:

- If the client has any surgery scheduled in the next six months or has been advised to have surgery, wait to submit the case until the client is at least three months post-operative, fully recovered, back to 100% activity and released from all medical and doctor's care
  - Spinal and back surgeries should not be submitted prior to 12 months from completion of treatment and full recovery
  - Surgeries and/or injection treatment for joint disorders within the last 12 months should have a prescreen completed
- If the client is currently being evaluated for an undiagnosed medical condition, postpone submission until all evaluations have been completed and a diagnosis has been made
- If physical therapy has been completed within the last 12 months, a prescreen should be completed

# Medications that may disqualify an applicant:

This medication list may only represent the brand-name medication. If the proposed insured is taking a generic medication, the brand name should be verified. If the proposed insured is taking any of the medications below, it is likely to disqualify the application from Nationwide CareMatters® II, as it may reveal an underlying condition that is not insurable. This list is not all-inclusive. If a proposed insured is on a medication listed below and you feel that the history may develop favorably to meet CareMatters® II guidelines, a prescreen should be completed before an application is submitted.

Any medication used for the treatment of AIDS/ARC/HIV, any chemotherapy medications (all forms) or medicinal marijuana will be declined, even if not individually listed in the table below.

| Medication                       | Condition/Drug Type      | Medication             | Condition/Drug Type      |
|----------------------------------|--------------------------|------------------------|--------------------------|
| Abilify                          | Mental disorder          | Deltasone (prednisone) | Steroid                  |
| Acthar                           | Multiple sclerosis       | Demerol                | Pain                     |
| Adriamycin                       | Cancer                   | Dilaudid               | Pain                     |
| Agrylin                          | Blood disorder           | Dolophine (methadone)  | Pain                     |
| AIDS/ARC/HIV meds — any/all Rx   | AIDS                     | Dopar                  | Parkinson's disease      |
| Akineton                         | Parkinson's disease      | Dostinex               | Parkinson's disease      |
| Alkeran                          | Cancer                   | Doxil                  | Cancer                   |
| Antabuse                         | Alcohol/drug abuse       | DTIC                   | Cancer                   |
| Apokyn                           | Parkinson's disease      | Duragesic (fentanyl)   | Pain                     |
| Aptivus                          | AIDS                     | Duramorph (morphine)   | Pain                     |
| Aranesp                          | Blood disorder           | Ebixa (memantine)      | Dementia/Alzheimer's     |
| Arava                            | Rheumatological disorder | Eldepryl               | Parkinson's disease      |
| Aricept (donepezil)              | Dementia/Alzheimer's     | Eligard                | Prostate cancer          |
| Arimidex                         | Cancer                   | Embeda                 | Pain                     |
| Aristada                         | Mental disorder          | Emcyt                  | Cancer                   |
| Artane                           | Parkinson's disease      | Enbrel                 | Rheumatological disorder |
| Atgam                            | Immune disorder          | Epogen                 | Blood disorder           |
| Aubagio                          | Multiple sclerosis       | Equetro                | Mental disorder          |
| Aviz                             | Pain                     | Eskalith (lithium)     | Mental disorder          |
| Avonex                           | Multiple sclerosis       | Eulexin (flutamide)    | Prostate cancer          |
|                                  | Dementia/Alzheimer's     | Exalgo                 | Prostate cancer          |
| Axura (memantine)                |                          | <u>_</u>               |                          |
| Azilect                          | Parkinson's disease      | Exelon                 | Dementia/Alzheimer's     |
| AZT                              | AIDS                     | Extavia                | Multiple sclerosis       |
| Baraclude                        | Hepatitis                | Fanapt                 | Mental disorder          |
| Betaferon                        | Multiple sclerosis       | Faslodex               | Cancer                   |
| Betaseron                        | Multiple sclerosis       | Fazaclo                | Mental disorder          |
| BICNU                            | Cancer                   | Fentora                | Pain                     |
| Blenoxane                        | Cancer                   | Foscavir               | AIDS                     |
| Buprenex                         | Pain                     | Gengraf                | Immune disorder          |
| Busulfex (busulfan)              | Cancer                   | Geodon                 | Mental disorder          |
| Campral                          | Alcohol/drug abuse       | Gerimal                | Dementia/Alzheimer's     |
| Carbex                           | Parkinson's disease      | Gilenya                | Multiple sclerosis       |
| Casodex                          | Prostate cancer          | Glatopa                | Multiple sclerosis       |
| CeeNU                            | Cancer                   | Gleevec                | Cancer                   |
| Cellcept                         | Immune disorder          | Gold therapy           | Rheumatological disorder |
| Cerefolin                        | Dementia/Alzheimer's     | Haldol                 | Mental disorder          |
| Cerubidine                       | Cancer                   | Harvoni                | Hepatitis                |
| Chemotherapy — all forms, all Rx | Cancer                   | Hepsera                | Hepatitis                |
| Cimzia                           | Rheumatological disorder | Herceptin              | Cancer                   |
| Clozapine                        | Mental disorder          | Humira                 | Rheumatological disorder |
| Clozaril                         | Mental disorder          | Hydergine (ergoloid)   | Dementia/Alzheimer's     |
| Cogentin                         | Parkinson's disease      | Hydrea                 | Blood disorder           |
| Cognex                           | Dementia/Alzheimer's     | Hysingla ER            | Pain                     |
| Comtan                           | Parkinson's disease      | lfex                   | Cancer                   |
| Copaxone                         | Multiple sclerosis       | Immune globulin        | Immune disorder          |
| Copegus                          | Hepatitis                | Imuran (azathioprine)  | Rheumatological disorder |
| Cortef (hydrocortisone)          | Steroid                  | Incivek (telaprevir)   | Hepatitis                |
| Cuprimine (D-penicillamine)      | Rheumatological disorder | Infergen               | Hepatitis                |
| Cytosar                          | Cancer                   | Interferon             | Hepatitis                |
| Cytoxan                          | Cancer                   | Intron                 | Cancer                   |
| Dantrium                         | Multiple sclerosis       | Invega                 | Mental disorder          |
| Decadron                         | Steroid                  | Kadian (morphine)      | Pain                     |

| Medication                       | Condition/Drug Type                             |
|----------------------------------|---|
| Kemadrin                         | Parkinson's disease                             |
| Kineret<br>Larodopa              | Rheumatological disorder<br>Parkinson's disease |
| Latuda                           | Mental disorder                                 |
| Lemtrada                         | Multiple sclerosis                              |
| Leukeran                         | Cancer  |
| Leukine                          | Cancer  |
| Levo-Dromoran                    | Pain  |
| Levsin                           | Parkinson's disease                             |
| Lioresal (baclofen)              | Multiple sclerosis                              |
| Loxitane<br>Lupron               | Mental disorder<br>Prostate cancer              |
| Lysodren                         | Cancer  |
| Matulane                         | Cancer  |
| Medrol                           | Steroid   |
| Megace                           | AIDS  |
| Mellaril                         | Mental disorder                                 |
| Mestinon                         | Immune disorder                                 |
| Methotrexate                     | Rheumatological disorder                        |
| Mirapex                          | Parkinson's disease                             |
| Moban                            | Mental disorder                                 |
| Moditen<br>MorphaBond (morphine) | Mental disorder<br>Pain                         |
| MS Contin (morphine)             | Pain  |
| Mutamycin (mitomycin)            | Cancer  |
| Myfortic                         | Immune disorder                                 |
| Myleran                          | Cancer  |
| Mytelase                         | Immune disorder                                 |
| Namenda (memantine)              | Dementia/Alzheimer's                            |
| Narcan                           | Alcohol/drug abuse                              |
| Navane                           | Mental disorder                                 |
| Neoral (cyclosporine)            | Rheumatological disorder<br>Parkinson's disease |
| Neupro<br>Nilandrone             | Prostate cancer                                 |
| Niloric                          | Dementia/Alzheimer's                            |
| Nipent                           | Cancer  |
| Novantrone                       | Multiple sclerosis                              |
| Nplate                           | Blood disorder                                  |
| Nucynta                          | Pain  |
| Numorphan                        | Pain  |
| Olysio                           | Hepatitis                                       |
| Onsolis (fentanyl)               | Pain  |
| Opana<br>Orencia                 | Pain<br>Rheumatological disorder                |
| Orthoclone                       | Immune disorder                                 |
| Oxycontin (oxycodone)            | Pain  |
| Palexia                          | Pain  |
| Parcopa (levodopa)               | Parkinson's disease                             |
| Parlodel                         | Parkinson's disease                             |
| Pegasus                          | Hepatitis                                       |
| Pegatron                         | Hepatitis                                       |
| Percocet                         | Pain  |
| Percodan                         | Pain<br>Darkingen/a disease                     |
| Permax<br>Permitil               | Parkinson's disease<br>Mental disorder          |
| Permiti<br>Plaquenil             | Rheumatological disorder                        |
| Platinol                         | Cancer  |
| Plegridy                         | Multiple sclerosis                              |
| Plenaxis                         | Prostate cancer                                 |
| Procrit                          | Blood disorder                                  |
| Prograf                          | Immune disorder                                 |
| Proleukin                        | Cancer  |
| Prolixin (fluphenazine)          | Mental disorder                                 |
| Promacta                         | Blood disorder                                  |
| Prostigmin                       | Immune disorder                                 |
| Purinethol                       | Cancer  |
| Rapamune<br>Razadyne             | Immune disorder<br>Dementia/Alzheimer's         |
| Rebetron                         | Hepatitis                                       |
| Rebif                            | Multiple sclerosis                              |
| Regonol                          | Immune disorder                                 |
| Remicade                         | Rheumatological disorder                        |

| Medication              | Condition/Drug Type                   |
|-------------------------|---------------------------------------|
| Reminyl                 | Dementia/Alzheimer's                  |
| Requip                  | Parkinson's disease                   |
| Revia (naltrexone)      | Alcohol/drug abuse                    |
| Rexulti<br>Ribapak      | Mental disorder<br>Alcohol/drug abuse |
| Ribasphere              | Hepatitis                             |
| Ribasphere              | Hepatitis                             |
| Ribatab                 | Hepatitis                             |
| Risperdal               | Mental disorder                       |
| Rituxan                 | Rheumatological disorder              |
| Roferon                 | Hepatitis                             |
| Rubex                   | Cancer                                |
| Sandimmune              | Immune disorder                       |
| Saphris                 | Mental disorder                       |
| Serentil                | Mental disorder                       |
| Seroquel                | Mental disorder                       |
| Simponi                 | Rheumatological disorder              |
| Simulect                | Immune disorder                       |
| Sinemet (carbidopa)     | Parkinson's disease                   |
| Solian                  | Mental disorder                       |
| Sovaldi                 | Hepatitis                             |
| Stalevo                 | Parkinson's disease                   |
| Stelazine               | Mental disorder                       |
| Sublimaze (fentanyl)    | Pain                                  |
| Suboxone                | Alcohol/drug abuse                    |
| Subsys (fentanyl)       | Pain                                  |
| Subutex                 | Alcohol/drug abuse                    |
| Symadine                | Parkinson's disease                   |
| Symbyax                 | Mental disorder                       |
| Symmetrel               | Parkinson's disease                   |
| Syprine                 | Parkinson's disease                   |
| ТараІ                   | Pain                                  |
| Taractan                | Mental disorder                       |
| Tarceva                 | Cancer                                |
| Targiniq ER             | Pain                                  |
| Tasmar                  | Parkinson's disease                   |
| Tecfidera               | Multiple sclerosis                    |
| Thioplex                | Cancer                                |
| Thioridazine            | Mental disorder                       |
| Thymoglobulin           | Immune disorder                       |
| Timespan                | Immune disorder                       |
| Toposar (etoposide)     | Cancer                                |
| Trelstar                | Prostate cancer                       |
| Trihexane               | Parkinson's disease                   |
| Trilafon (perphenazine) | Mental disorder                       |
| Tysabri                 | Multiple sclerosis                    |
| Tyzeka                  | Hepatitis                             |
| Vantas                  | Prostate cancer                       |
| Velban                  | Cancer                                |
| VePesid                 | Cancer                                |
| Vesprin                 | Mental disorder                       |
| Viadur                  | Prostate cancer                       |
| Vicodin (hydrocodone)   | Pain                                  |
| Victrelis               | Hepatitis                             |
| Videx                   | AIDS                                  |
| Viekira Pak             | Hepatitis                             |
| Vivitrol                | Alcohol/drug abuse                    |
| Vraylar                 | Mental disorder                       |
| Wellcovorin             | Cancer                                |
| Wellferon               | Hepatitis                             |
| Xartemis                | Pain                                  |
| Xeljanz                 | Rheumatological disorder              |
| Xeloda                  | Cancer                                |
| Xtampza ER              | Pain                                  |
| Zanosar                 | Cancer                                |
| Zelapar                 | Parkinson's disease                   |
| Zenapax                 | Immune disorder                       |
| Zinbryta                | Multiple sclerosis                    |
| Zohydro ER              | Pain                                  |
| Zoladex                 | Prostate cancer                       |
| Zusolv                  | Alcohol/drug abuse                    |
|                         |                                       |

The chart below contains the same medications listed on the previous pages. For the sake of convenience, they are categorized here by medical condition.

Any medication used for the treatment of AIDS/ARC/HIV, any chemotherapy medications (all forms) or medicinal marijuana will be declined even if not individually listed in the table below.

| AIDS                      | Cancer (con't)       | Immune disorder (con't) | Multiple sclerosis (con't) | Parkinson's disease (con't)    |
|---------------------------|----------------------|-------------------------|----------------------------|--------------------------------|
| AIDS/ARC/HIV meds -       | Platinol             | Mytelase                | Extavia                    | Eldepryl                       |
| any/all Rx                | Proleukin            | Orthoclone              | Gilenya                    | Kemadrin                       |
| Aptivus                   | Purinethol           | Prograf                 | Glatopa                    | Larodopa                       |
| AZT                       | Rubex                | Prostigmin              | Lemtrada                   | Levsin                         |
| Foscavir                  | Tarceva              | Rapamune                | Lioresal (baclofen)        | Mirapex                        |
| Megace                    | Thioplex             | Regonol                 | Novantrone                 | Neupro                         |
| Videx                     | Toposar (etoposide)  | Sandimmune              | Plegridy                   | Parcopa (levodopa)             |
| Alcohol/drug abuse        | Velban               | Simulect                | Rebif                      | Parlodel                       |
| Antabuse                  | VePesid              | Thymoglobulin           | Tecfidera                  | Permax                         |
| Campral                   | Wellcovorin          | Timespan                | Tysabri                    | Requip                         |
| Narcan                    | Xeloda               | Zenapax                 | Zinbryta                   | Sinemet (carbidopa)            |
| Revia (naltrexone)        | Zanosar              | Mental disorder         | Pain                       | Stalevo                        |
| Ribapak                   | Dementia/Alzheimer's | Abilify                 | Aviz                       | Symadine                       |
| Suboxone                  | Aricept (donepezil)  | Aristada                | Buprenex                   | Symmetrel                      |
| Subutex                   | Axura (memantine)    | Clozapine               | Demerol                    | Syprine                        |
| Vivitrol                  | Cerefolin            | Clozaril                | Dilaudid (hydromorphone)   | Tasmar                         |
| Zusolv                    | Cognex               | Equetro                 | Dolophine (methadone)      | Trihexane                      |
| Blood disorder            | Ebixa (memantine)    | Eskalith (lithium)      | Duragesic (fentanyl)       | Zelapar                        |
| Agrylin                   | Exelon               | Fanapt                  | Duramorph (morphine)       | Prostate cancer                |
| Aranesp                   | Gerimal              | Fazaclo                 | Embeda                     | Casodex                        |
|                           | Hydergine (ergoloid) | Geodon                  | Embeda                     | Eligard                        |
| Epogen                    | Namenda (memantine)  | Haldol                  | Fentora                    | Eulgard<br>Eulexin (flutamide) |
| Hydrea                    | Niloric              |                         |                            |                                |
| Nplate                    |                      | Invega                  | Hysingla ER                | Lupron                         |
| Procrit                   | Razadyne             | Latuda                  | Kadian (morphine)          | Nilandrone                     |
| Promacta                  | Reminyl              | Loxitane                | Levo-Dromoran              | Plenaxis                       |
| Cancer                    | Hepatitis            | Mellaril                | MorphaBond (morphine)      | Trelstar                       |
| Adriamycin                | Baraclude            | Moban                   | MS Contin (morphine)       | Vantas                         |
| Alkeran                   | Copegus              | Moditen                 | Nucynta                    | Viadur                         |
| Arimidex                  | Harvoni              | Navane                  | Numorphan                  | Zoladex                        |
| BICNU                     | Hepsera              | Permitil                | Onsolis (fentanyl)         | Rheumatological disorder       |
| Blenoxane                 | Incivek (telaprevir) | Prolixin (fluphenazine) | Opana                      | Arava                          |
| Busulfex (busulfan)       | Infergen             | Rexulti                 | Oxycontin (oxycodone)      | Cimzia                         |
| CeeNU                     | Interferon           | Risperdal               | Palexia                    | Cuprimine (D-penicillamine)    |
| Cerubidine                | Olysio               | Saphris                 | Percocet                   | Enbrel                         |
| Chemotherapy — all forms, | Pegasus              | Serentil                | Percodan                   | Gold therapy                   |
| all Rx                    | Pegatron             | Seroquel                | Sublimaze (fentanyl)       | Humira                         |
| Cytosar                   | Rebetron             | Solian                  | Subsys (fentanyl)          | Imuran (azathioprine)          |
| Cytoxan                   | Ribasphere           | Stelazine               | Tapal                      | Kineret                        |
| Doxil                     | Ribatab              | Symbyax                 | Targiniq ER                | Methotrexate                   |
| DTIC                      | Ribavirin            | Taractan                | Vicodin (hydrocodone)      | Neoral (cyclosporine)          |
| Emcyt                     | Roferon              | Thioridazine            | Xartemis                   | Orencia                        |
| Faslodex                  | Sovaldi              | Trilafon (perphenazine) | Xtampza ER                 | Plaquenil                      |
| Gleevec                   | Tyzeka               | Vesprin                 | Zohydro ER                 | Remicade                       |
| Herceptin                 | Victrelis            | Vraylar                 | Parkinson's disease        | Rituxan                        |
| lfex                      | Viekira Pak          | Zyprexa                 | Akineton                   | Simponi                        |
| Intron                    | Wellferon            | Multiple sclerosis      | Apokyn                     | Xeljanz                        |
| Leukeran                  | Immune disorder      | Acthar                  | Artane                     | Steroid                        |
| Leukine                   | Atgam                | Aubagio                 | Azilect                    | Cortef (hydrocortisone)        |
| Lysodren                  | Cellcept             | Avonex                  | Carbex                     | Decadron                       |
| Matulane                  | Gengraf              | Betaferon               | Cogentin                   | Deltasone (prednisone)         |
| Mutamycin (mitomycin)     | Immune globulin      | Betaseron               | Comtan                     | Medrol                         |
| Myleran                   | Mestinon             | Copaxone                | Dopar                      |                                |
| Nipent                    | Myfortic             | Dantrium                | Dostinex                   |                                |



Be sure to choose a product that meets long-term life insurance needs, especially if personal situations change – for example, marriage, birth of a child or job promotion. Weigh the costs of the policy, and understand that life insurance has fees and charges that vary with sex, health, age and tobacco use. Riders that customize a policy to fit individual needs usually carry an additional charge.

Benefits under the Acceleration of Life Insurance Death Benefit for Qualified Long-Term Care Services Rider are an advance payment of the policy's death benefit while the insured is still living. Accelerating the death benefit, along with loans and withdrawals, reduces both the death benefit and cash surrender value of the policy. Care should be taken to make sure that life insurance needs continue to be met even if the entire death benefit is accelerated or if money is taken from the policy.

Individual care needs and costs will vary, and there is no guarantee the policy will cover the entire cost of the insured's long-term care. Nationwide pays benefits to the policyowner. If the policy is owned by someone other than the insured, there is no guarantee the policyowner will use the benefits to pay for LTC services. Guarantees are subject to the claims-paying ability of Nationwide Life and Annuity Insurance Company.

Products are issued by Nationwide Life and Annuity Insurance Company, Columbus, Ohio.

Nationwide, the Nationwide N and Eagle, Nationwide is on your side, CareMatters and Nationwide CareMatters II are service marks of Nationwide Mutual Insurance Company. © 2019 Nationwide

FOR FINANCIAL PROFESSIONAL USE ONLY – NOT FOR DISTRIBUTION WITH THE PUBLIC LAM-3168AO.1 (11/19)